

#### SOUTH WOOTTON INFANT SCHOOL

# Newsletter 6- Friday 11th October 2024

### Hello Yellow!

It was lovely to see so many children and adults in their yellow items of clothing yesterday for World Mental Health Day 2024. How lucky is it that Norwich City play in Yellow?

Everyone looked bright and cheerful in assembly and the children told me they had dressed in a 'happy colour,' just the The Colour Monster.





During the assembly we discussed mental health and feelings and the children were able to identify trusted adults around them that they felt they would be able to talk to if they needed to.

We discussed ways to keep our minds healthy including, mindfulness activities, exercise, hobbies, being creative, spending time outside, getting a good night's sleep and spending time with people.

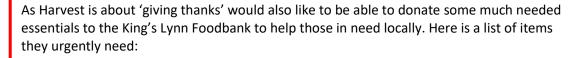
Please remember this applies to adults too so be kind to yourself!

### **Harvest**

Although the exact date of this year's Harvest Festival fell last week on the 6<sup>th</sup> October 2024, at SWIS we will be celebrating during the last week of half term and would like you to join us for a 'Learning Café' on our final day,

# Thursday 24th October at 2pm.

You will be able to join your child/ren in their class for an afternoon of stories and craft.





Coffee, Cooking sauce in jars, Rice, Shampoo, Tinned fish, Tinned fruit, Tinned meat, Tinned vegetables, Toilet roll, Washing powder

If you are able to donate any of these items or any thing else please send in with your child before the end of half term.

Similarly, if you feel you need you need support yourself here is the website address;

https://kingslynn.foodbank.org.uk/

## **Parents Evening Appointments**

We are looking forward to welcoming you at one of our two Parent's Evenings next week, **Tuesday 15**th **October** and **Thursday 17**th **October**. These will take place in the school hall so please enter through the main door. The appointments are 10 mins long and teaching staff will be punctual in order to ensure no one is waiting unnecessarily. The children's books will be available for you to look through after your appointment. If you haven't been able to make an appointment yet please pop into the school entrance at drop off or pick up time to sign up or phone the school office (01553) 671552. We look forward to catching up with you all!

## **SENCO Parents Evening Appointments**



Reminder, there are slots available with Emma/Mrs Waterman/SENCO, at the SWIS parents evening (Thursday October 17th) Junior parents are welcome too ... Please book via the Infants' office: 01553 671552 or email:

senco@southwootton federation. nor folk. sch. uk

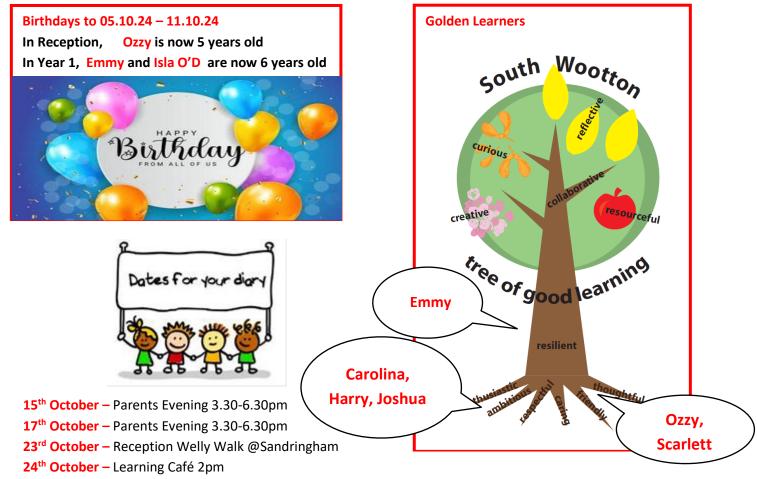
### Student Council (taken from the secretary's minutes)

We talked about lunchtimes this week and listed what we like and what we would like to change about them.

We like; playing on the field, playing on the trim trail, running on the red track outside and sitting with our friends and being able to talk to them when we are eating.

We would like to change; having some toys in the sand box, more trim trail equipment (monkey bars) and having some background music in the lunch hall.

**Actions** – Mrs Burt will look for play equipment. Mrs Burt will help Chase and Zach write a letter to the PTFA asking for money. Student council representatives will talk to their classes about other lunchtime ideas.



### Contact the school:

By phone 01553 671552 Email office@southwoottoninf.norfolk.sch.uk